

THE
Capital
HORSHAM

BREAKFAST

WEEKDAYS: 7-11AM
WEEKENDS: 8AM-2PM
PUBLIC HOLIDAYS: 8AM-2PM

BREAKFAST

Sourdough Toast	8
Sourdough toast with choice of spread	
Fruit Toast	10
Overnight Oats	12
<i>See our display for today's flavour.</i>	
Oats, chia seeds, yoghurt, almond milk, honey and toppings.	
Eggs On Toast	15
Poached, scrambled, or fried eggs on sourdough toast.	
Tropical Smoothie Bowl GF	18
Tropical fruit smoothie, mango, pineapple, passionfruit, toasted coconut, chia seeds and mint.	
Fresh Fruit Salad GF DF VV	18
Seasonal fruits served with fresh mint and whipped coconut cream.	
Breakfast Bruschetta VV	20
Sourdough toast with sauteed mushrooms roasted capsicum, spinach and red onion.	
<i>Add fetta - \$2, add poached eggs - \$5</i>	
Waffles	20
House made waffles, fresh berries, mint, citrus and double cream.	
Monster Brekkie Roll	20
Toasted turkish roll, fried eggs, bacon, swiss cheese, hash browns and tomato relish.	
Spanish Shakshuka	22
2 eggs baked in housemade baked beans with chorizo with toast.	
Zucchini & Corn Fritters GF	22
Zucchini and corn fritters, roasted tomato, Meredith's goats cheese and tomato relish.	
Eggs Benedict	22
Poached eggs served on sourdough toast, your choice of ham hock, smoked salmon, bacon or spinach.	
Chorizo & Potato Waffles GF	22
Served with poached eggs and tomato relish.	
Smashed Avo	24
Poached eggs, sourdough toast, avocado, Meredith's goats cheese, and dukkah.	
Big Brekkie	26
Eggs cooked your way, on sourdough, bacon, tomato, mushroom, sausage, baked beans and hash brown.	

SIDES

Bacon / Sausage / Smoked Salmon / Goats Cheese / Hash Browns	5
Tomato / Mushroom / Avocado	4

COFFEE BY BLEND CO

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Latte / Flat White / Long Black / Espresso / Cappuccino / Mocha / Chai Spice/ Hot Chocolate	5	5.5	6
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MILK BY MILK LAB

Full Cream / Skinny / Lactose Free / Oat / Almond / Coconut / Soy	
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TEA BY TEA TONIC - POT FOR ONE

English Breakfast / French Earl Grey / Organic Green / True Calm	
Ginger Lemongrass / Chocolate Chai / Chocolate Black	

SERIOUS SMOOTHIES

9.5

Made with coconut water or your choice of milk	
Reboot	- Passionfruit, mango, pineapple, banana
Booster	- Spinach, banana, lime, mango
Energise	- Strawberry, apple, pineapple, date
Detox	- Banana, date, blueberry, raspberry

SMOOTHIES

Banana / Mango / Mixed Berry	8
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FRESH JUICES

Orange / Apple / Pineapple	7
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MILKSHAKES

Chocolate / Blue Heaven / Strawberry / Caramel / Vanilla	6
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ICED DRINKS

Chocolate / Coffee / Latte / Chai	6.5
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DRINKS IN FRIDGE

Coke / Coke Zero / Fanta / Lift / Lemon Lime & Bitters / Ginger Beer / Water / Soda Water / Tonic Water	5
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Flavoured Mineral Water	7
Lemon Lime, Watermelon, Coconut	

GF - Gluten Free, V - Vegetarian, VV - Vegan
GF Bread available on request.